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TOILET TRAINING INFORMATION AND POLICY NOTE

Hello mama, now that we can confirm some signs of readiness for potty, here are some important information.

DEFINITION: Toilet training is the mastery of skills necessary for urinating and defecating in a socially acceptable time and manner. It is an important milestone needed for children to achieve independence and future self-sufficiency.

APPROACH: at Palace Style School, we commence potty training at about 20 months, when it is expected that our toddlers would have achieved some physiological and psychological maturity for voluntary bowel and bladder control. Hence, we combine a school initiated, and parent led approach to toilet training our toddlers.

POINTS TO NOTE

- there are no hard and fast rules to the onset time for toilet training toddlers
- no two children would respond similarly to the toilet training process
- girls may fair better and faster than boys
- average duration of training may range from 2 months to 9 months
- children with special health needs may take a longer time to complete the process
- toilet incidents will occur frequently at the initial stage, and infrequently at the later stage
- commencement of toilet training doesn't automatically translate to the stoppage of the use of diapers
- some children may show resistance or apathy to the use of potty at the initial stage

SCHOOLS RESPONSIBILITIES

- we would inform all parents prior the commencement of the schools session of toilet training

- we would advise on the ideal time for the commencement 0101
- we would positively reinforce every successful attempt and encourage failed attempts of toilet training
- all trainees would be undressed and led to the toilet at regular intervals during school time
- we would provide individual potties for all trainees to use at school
- we would offer timely advice on the relevant resources for use at every stage of the toilet training process

PARENTS OBLIGATIONS

- parents are to procure a potty for each child to use at home
- parents are to commence the toilet training role play session now

-steps to follow during toilet training role play

1. Introduce child to potty by placing it at a conspicuously accessible location at home
2. Allow child to play with the potty by sitting on it with the diaper for some weeks (2-4)
3. Once child becomes familiar to the potty, then gradually introduce child to wee and pooh in the potty. This can be achieved by watching out for signs of grunting that precedes episodes of pooh. Also, child could be placed on potty immediately after a meal or drink is taken

-parents are to wear outfits that would afford easy access to pull down trainer pants (pull-ups) and underwear pants at potty times (girls should wear more of **dresses and skirts**, while boys should wear more of **shorts with elastic bands**)

-parents are expected to be consistent with the home session of toilet training

-parents are to reinforce positive attempts and encourage child during failed attempts

REQUIREMENTS

Parents are expected to provide these as requested during the potty training period

INITIAL STAGE: minimum of 3 trainer pants (pull-ups) and 3 changing clothes per day

LATER STAGE: minimum of 3 underwear pants and 2 changing clothes per day

Thanks for the usual cooperation

Management,

Palace Style School.